

MAY 2022 BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
2 Mini Cinnamon Creamy Cheese Bagel Craisins 100% Fruit Juice	3 Egg & Cheese Bagel Flavored Applesauce 100% Fruit Juice	4 Turkey Sausage Breakfast Pizza Fresh Fruit 100% Fruit Juice	5 Cinnamon French Toast Fresh Fruit 100% Fruit Juice	6 Banana Bread Fresh Fruit 100% Fruit Juice
9 Cinnamon Chex Animal Crackers Fresh Fruit 100% Fruit Juice	10 Mini Maple Waffles Cheese Stick Flavored Applesauce 100% Fruit Juice	11 Turkey Sausage Pancake Wrap Fresh Fruit 100% Fruit Juice	12 Cheddar Cheese Omelet Biscuit Craisins 100% Fruit Juice	13 Cheerios Cinnamon Bug Bite Grahams Fresh Fruit 100% Fruit Juice
16 Mini Strawberry Creamy Cheese Bagel Fresh Fruit 100% Fruit Juice	17 Berry French Toast Craisins 100% Fruit Juice	18 Poultry Sausage & Cheese Bagel Fresh Fruit 100% Fruit Juice	19 Confetti Pancakes Flavored Applesauce 100% Fruit Juice	20 French Toast Benefit Bar Fresh Fruit 100% Fruit Juice
23 Bagel Grape Jelly Craisins 100% Fruit Juice	24 Turkey Sausage Pancake Wrap Flavored Applesauce 100% Fruit Juice	25 Mini Blueberry Waffles Cheese Stick Fresh Fruit 100% Fruit Juice	26 Homestyle Breakfast Chicken Patty & Cheese Biscuit Fresh Fruit 100% Fruit Juice	27 Pumpkin Bread Fresh Fruit 100% Fruit Juice
30 	31 Cinnamon Breakfast Round Flavored Applesauce 100% Fruit Juice	CHALLENGE OF THE MONTH: HOMEMADE SIDEWALK PAINT  Using water, cornstarch, and food coloring you can make your own sidewalk paint! Just mix equal parts water and cornstarch and then add the food coloring of your choice. Using a muffin tin as your painter's palette, you can mix up a variety of colors to make your own work of art outside. 		

Did you know...

- We use heart healthy whole-grain breads and serve 100% fruit juice
 - Milk is available with all meals; Milk contains no artificial growth hormones or antibiotics
 - Nutrition and allergen information available at www.FSPro.com
 - Menu items do not contain pork
 - + Item does not contain meat
- *Menu Subject to Change*

This institution is an equal opportunity provider.

BHT



Please visit us at www.FSPro.com

MAY 2022 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
2 Popcorn Chicken Pretzel Rod Ranch Dressing Potato Salad Baby Carrots Fresh Fruit	3 Confetti Pancakes + Vanilla Yogurt Baby Carrots Grape Tomatoes Craisins	4 Italian Salad Breadstick Italian Dressing Bell Pepper Strips Flavored Applesauce Belly Bear Grahams	5 Chicken Ham & Cheese Sandwich Mustard Three Bean Salad 100% Fruit Juice	6 All-American Salad Dinner Roll Ranch Dressing Fresh Celery Fresh Fruit Cheddar Goldfish Crackers
9 Strawberry Banana Yogurt + Blueberry Muffin String Cheese Baby Carrots Grape Tomatoes 100% Fruit Juice	10 FUN PACK Pepperoni Slices Cheddar Cheese Cubes Mini Flatbread Potato Salad Baby Carrots Fresh Fruit	11 Turkey & Cheese Sub Mustard Three Bean Salad Craisins	12 Popcorn Chicken Salad Dinner Roll Ranch Dressing Fresh Celery Fresh Fruit Belly Bear Grahams	13 Chicken Ham, Turkey & Cheese Sandwich Mayonnaise Sweet Golden Corn Bell Pepper Strips Flavored Applesauce
16 Popcorn Chicken Pretzel Rod Ranch Dressing Potato Salad Baby Carrots Fresh Fruit	17 Confetti Pancakes + Vanilla Yogurt Baby Carrots Grape Tomatoes Fresh Fruit	18 Italian Salad Breadstick Italian Dressing Bell Pepper Strips Flavored Applesauce Belly Bear Grahams	19 Chicken Ham & Cheese Sandwich Mustard Three Bean Salad Fresh Fruit	20 All-American Salad Dinner Roll Ranch Dressing Fresh Celery 100% Fruit Juice Cheddar Goldfish Crackers
23 Strawberry Banana Yogurt + Blueberry Muffin String Cheese Baby Carrots Grape Tomatoes Fresh Fruit	24 FUN PACK Pepperoni Slices Cheddar Cheese Cubes Mini Flatbread Potato Salad Baby Carrots Craisins	25 Turkey & Cheese Sub Mustard Three Bean Salad Fresh Fruit	26 Chicken Ham, Turkey & Cheese Sandwich Mayonnaise Sweet Golden Corn Bell Pepper Strips Fresh Fruit	27 Popcorn Chicken Salad Dinner Roll Ranch Dressing Fresh Celery 100% Fruit Juice Belly Bear Grahams
30 	31 Confetti Pancakes + Vanilla Yogurt Baby Carrots Grape Tomatoes Fresh Fruit	CHALLENGE OF THE MONTH: HOMEMADE SIDEWALK PAINT  <p>Using water, cornstarch, and food coloring you can make your own sidewalk paint! Just mix equal parts water and cornstarch and then add the food coloring of your choice. Using a muffin tin as your painter's palette, you can mix up a variety of colors to make your own work of art outside.</p> 		

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K-8 LEX



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MAY 2022 SNACK

Monday	Tuesday	Wednesday	Thursday	Friday
2 Apple Cinnamon Nutrigrain Bar 1% Milk	3 Cheez-It Crackers 100% Fruit Juice	4 Churro Crunchers 100% Fruit Juice	5 Blueberry Muffin 1% Milk	6 Doritos 100% Fruit Juice
9 Cinnamon Bug Bite Grahams 100% Fruit Juice	10 Cheddar Goldfish Crackers 100% Fruit Juice	11 Cereal Bar 1% Milk	12 Goldfish Pretzels Cheese Cubes	13 Chocolate Muffin 1% Milk
16 Cinnamon Belly Bear Grahams 1% Milk	17 Doritos 100% Fruit Juice	18 Scooby Doo Grahams 1% Milk	19 Strawberry Nutrigrain Bar Cheese Stick	20 Cheez-It Crackers 100% Fruit Juice
23 Banana Muffin 1% Milk	24 Baked Cheetos 100% Fruit Juice	25 Strawberry Banana Yogurt Cinnamon Bug Bite Grahams	26 Mini Benefit Bar 1% Milk	27 Goldfish Pretzels String Cheese
30 Happy Memorial Day	31 Scooby Doo Grahams 1% Milk	CHALLENGE OF THE MONTH: HOMEMADE SIDEWALK PAINT  <p>Using water, cornstarch, and food coloring you can make your own sidewalk paint! Just mix equal parts water and cornstarch and then add the food coloring of your choice. Using a muffin tin as your painter's palette, you can mix up a variety of colors to make your own work of art outside.</p> 		

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SNK



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