

APRIL 2022 BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
<div style="display: flex; justify-content: space-between;"> <div style="width: 25%;"> <p>1. SELFISH SHELLFISH</p> </div> <div style="width: 45%; text-align: center;"> <h2 style="background-color: orange; color: white; padding: 5px;">DON'T GET YOUR TONGUE IN A TWIST</h2> <p>It's surprisingly easy to jumble certain sayings. Try saying these phrases slowly, then three times fast. Invite your family and friends to join you. Can you say these phrases correctly every time? Can you think of other examples?</p> </div> <div style="width: 25%;"> <p>2. FRESHLY FRIED FLYING FISH</p> <p>3. EDDIE EDITED IT</p> <p>4. TRULY RURAL</p> <p>5. SIX SLIPPERY SNAILS SLID SLOWLY SEAWARD</p> </div> </div>				
<p>4</p> <p>Mini Cinnamon Creamy Cheese Bagel</p> <p>Craisins 100% Fruit Juice</p>	<p>5</p> <p>Egg & Cheese Bagel</p> <p>Flavored Applesauce 100% Fruit Juice</p>	<p>6</p> <p>Turkey Bacon & Egg Breakfast Pizza</p> <p>Fresh Fruit 100% Fruit Juice</p>	<p>7</p> <p>Cinnamon French Toast</p> <p>Fresh Fruit 100% Fruit Juice</p>	<p>8</p> <p>Pumpkin Bread</p> <p>Fresh Fruit 100% Fruit Juice</p>
<p>11</p> <p>Cinnamon Chex Animal Crackers</p> <p>Fresh Fruit 100% Fruit Juice</p>	<p>12</p> <p>Mini Maple Waffles Cheese Stick</p> <p>Flavored Applesauce 100% Fruit Juice</p>	<p>13</p> <p>Turkey Sausage Pancake Wrap</p> <p>Fresh Fruit 100% Fruit Juice</p>	<p>14</p> <p>Homestyle Breakfast Chicken Patty & Cheese Biscuit</p> <p>Craisins 100% Fruit Juice</p>	<p>15</p> <p>Cheerios Cinnamon Bug Bite Grahams</p> <p>Fresh Fruit 100% Fruit Juice</p>
<p>18</p> <p>Apple NutriGrain Bar Cheese Cubes</p> <p>Craisins 100% Fruit Juice</p>	<p>19</p> <p>Berry French Toast</p> <p>Fresh Fruit 100% Fruit Juice</p>	<p>20</p> <p>Egg & Cheese English Muffin</p> <p>Flavored Applesauce 100% Fruit Juice</p>	<p>21</p> <p>Confetti Pancakes</p> <p>Fresh Fruit 100% Fruit Juice</p>	<p>22</p> <p>French Toast Benefit Bar</p> <p>Fresh Fruit 100% Fruit Juice</p>
<p>25</p> <p>Rice Chex Cinnamon Bug Bite Grahams</p> <p>Flavored Applesauce 100% Fruit Juice</p>	<p>26</p> <p>Poultry Sausage & Cheese Bagel</p> <p>Craisins 100% Fruit Juice</p>	<p>27</p> <p>Mini Blueberry Waffles</p> <p>Fresh Fruit 100% Fruit Juice</p>	<p>28</p> <p>Turkey Sausage Breakfast Pizza</p> <p>Fresh Fruit 100% Fruit Juice</p>	<p>29</p> <p>Pumpkin Bread</p> <p>Fresh Fruit 100% Fruit Juice</p>

Did you know...

- We use heart healthy whole-grain breads and serve 100% fruit juice
 - Milk is available with all meals; Milk contains no artificial growth hormones or antibiotics
 - Nutrition and allergen information available at www.FSPro.com
 - Menu items do not contain pork
 - + Item does not contain meat
- *Menu Subject to Change*

BHT



Please visit us at www.FSPro.com

APRIL 2022 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Monday</p> <p>1. SELFISH SHELLFISH</p> <p>2. FRESHLY FRIED FLYING FISH</p> <p>3. EDDIE EDITED IT</p> <p>4. TRULY RURAL</p> <p>5. SIX SLIPPERY SNAILS SLID SLOWLY SEAWARD</p>				
<p>Tuesday</p> <p>1. CAN I HAVE ONE?</p> <p>DON'T GET YOUR TONGUE IN A TWIST</p> <p>It's surprisingly easy to jumble certain sayings. Try saying these phrases slowly, then three times fast. Invite your family and friends to join you. Can you say these phrases correctly every time? Can you think of other examples?</p>				
<p>4</p> <p>Popcorn Chicken Pretzel Rod Ranch Dressing</p> <p>Potato Salad Baby Carrots Fresh Fruit</p>	<p>5</p> <p>Confetti Pancakes + Vanilla Yogurt</p> <p>Baby Carrots Grape Tomatoes Fresh Fruit</p>	<p>6</p> <p>Chicken Ham, Turkey & Cheese Sandwich Mustard</p> <p>Three Bean Salad Craisins</p>	<p>7</p> <p>Italian Salad Breadstick Italian Dressing</p> <p>Fresh Celery 100% Fruit Juice Belly Bear Grahams</p>	<p>8</p> <p>Egg Chef Salad + Dinner Roll Ranch Dressing</p> <p>Fresh Celery Craisins Cheddar Goldfish Crackers</p>
<p>11</p> <p>Strawberry Banana Yogurt + Blueberry Muffin String Cheese</p> <p>Baby Carrots Grape Tomatoes Fresh Fruit</p>	<p>12</p> <p>FUN PACK Pepperoni Slices Cheddar Cheese Cubes Mini Flatbread</p> <p>Potato Salad Baby Carrots Fresh Fruit</p>	<p>13</p> <p>Popcorn Chicken Salad Dinner Roll Ranch Dressing</p> <p>Bell Pepper Strips Fresh Fruit Belly Bear Grahams</p>	<p>14</p> <p>Turkey & Cheese Sub Mustard</p> <p>Three Bean Salad Flavored Applesauce</p>	<p>15</p> <p>Egg Chef Salad + Dinner Roll Ranch Dressing</p> <p>Fresh Celery 100% Fruit Juice Cheddar Goldfish Crackers</p>
<p>18</p> <p>Cheese Sub +</p> <p>Baby Carrots Grape Tomatoes Fresh Fruit</p>	<p>19</p> <p>Confetti Pancakes + Vanilla Yogurt</p> <p>Baby Carrots Grape Tomatoes Craisins</p>	<p>20</p> <p>Chicken Ham & Cheese Sandwich Mustard</p> <p>Three Bean Salad Fresh Fruit</p>	<p>21</p> <p>Italian Salad Breadstick Italian Dressing</p> <p>Bell Pepper Strips Fresh Fruit Belly Bear Grahams</p>	<p>22</p> <p>Popcorn Chicken Pretzel Rod Ranch Dressing</p> <p>Potato Salad Fresh Celery 100% Fruit Juice</p>
<p>25</p> <p>Strawberry Banana Yogurt + Blueberry Muffin String Cheese</p> <p>Baby Carrots Grape Tomatoes Fresh Fruit</p>	<p>26</p> <p>FUN PACK Pepperoni Slices Cheddar Cheese Cubes Mini Flatbread</p> <p>Potato Salad Baby Carrots Flavored Applesauce</p>	<p>27</p> <p>Turkey & Cheese Sub Mustard</p> <p>Three Bean Salad 100% Fruit Juice</p>	<p>28</p> <p>All-American Salad Dinner Roll Ranch Dressing</p> <p>Bell Pepper Strips Fresh Fruit Belly Bear Grahams</p>	<p>29</p> <p>Chicken Ham, Turkey & Cheese Sandwich Mayonnaise</p> <p>Sweet Golden Corn Fresh Celery Craisins</p>

K-8 LEX

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APRIL 2022 SNACK

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<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="width: 25%;"> <p>1. SELFISH SHELLFISH</p> </div> <div style="width: 40%; text-align: center;"> <h2 style="background-color: orange; color: white; padding: 5px;">DON'T GET YOUR TONGUE IN A TWIST</h2> <p>It's surprisingly easy to jumble certain sayings. Try saying these phrases slowly, then three times fast. Invite your family and friends to join you. Can you say these phrases correctly every time? Can you think of other examples?</p> </div> <div style="width: 25%;"> <p>2. FRESHLY FRIED FLYING FISH 3. EDDIE EDITED IT 4. TRULY RURAL 5. SIX SLIPPERY SNAILS SLID SLOWLY SEAWARD</p> </div> </div>				
4 Chocolate Muffin 1% Milk	5 Cheddar Goldfish Crackers Cheese Cubes	6 Cereal Bar 100% Fruit Juice	7 Goldfish Pretzels 100% Fruit Juice	8 Cinnamon Bug Bite Grahams 1% Milk
11 Cheez-It Crackers 100% Fruit Juice	12 Scooby Doo Grahams 1% Milk	13 Doritos 100% Fruit Juice	14 Belly Bear Grahams 1% Milk	15 Strawberry Nutrigrain Bar Cheese Stick
18 Mini Benefit Bar 1% Milk	19 Goldfish Pretzels String Cheese	20 Strawberry Banana Yogurt Cinnamon Bug Bite Grahams	21 Baked Cheetos 100% Fruit Juice	22 Blueberry Muffin 1% Milk
25 Cereal Bar 100% Fruit Juice	26 Animal Crackers 1% Milk	27 Scooby Doo Grahams 1% Milk	28 Cheddar Goldfish Crackers Cheese Stick	29 Doritos 100% Fruit Juice

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This institution is an equal opportunity provider.

SNK



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